



**SCHREIBER UPPER EXTREMITY REHAB CLINIC**

1500 Brook Avenue

Wichita Falls, TX 76301

Phone: 940-766-1515 Fax: 940-766-1539

www.SchreiberRehabClinic.com

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_ SURGERY \_\_\_\_\_

PRECAUTIONS \_\_\_\_\_ DATE OF INJURY \_\_\_\_\_ NEXT DR. APPT \_\_\_\_\_

Frequency of Rx/Week (circle): 1 2 3 4 5 Duration of Rx program (Circle): 1 2 3 4 5 WKS

**EVALUATE & TREAT** \_\_\_\_\_ **EXERCISE PROTOCOL** \_\_\_\_\_ **CONTINUE TREATMENT** \_\_\_\_\_

**Special Programs**

- \_\_\_\_\_ Arthritis Program
- \_\_\_\_\_ Functional ADL's
- \_\_\_\_\_ Job Site Assessment
- \_\_\_\_\_ Work Simulation Exercises
- \_\_\_\_\_ Lymphedema Program
- \_\_\_\_\_ Garments (Specify)
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Modalities**

- \_\_\_\_\_ Traction
- \_\_\_\_\_ Electrical Muscle Stimulation
- \_\_\_\_\_ Fluidotherapy
- \_\_\_\_\_ Hot packs/Cryotherapy
- \_\_\_\_\_ Iontophoresis
- \_\_\_\_\_ Paraffin
- \_\_\_\_\_ TENS/Home
- \_\_\_\_\_ Ultrasound/Phonophoresis
- \_\_\_\_\_ Whirlpool

**Procedures**

- \_\_\_\_\_ 1x Home Program
- \_\_\_\_\_ Passive/Active ROM
- \_\_\_\_\_ Isometrics
- \_\_\_\_\_ Joint Mobilization
- \_\_\_\_\_ Myofascial Release
- \_\_\_\_\_ Therapeutic Exercises
- \_\_\_\_\_ Wound Care
- \_\_\_\_\_ Splinting (Specify)
- \_\_\_\_\_
- \_\_\_\_\_

MONTH	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

I certify that I have reviewed this plan of care and therapy is medically necessary and required by the patient. Treatment will be furnished while the patient is under my care. This established plan will be reviewed every 30 days or as the patient's condition requires.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_  
(Referring Physician)